

Terms of Engagement and Consent Form

Good nutrition supports the body's natural defences and resistance. However, no claim can be made about the efficacy of any naturopathic nutritional treatment.

- Naturopathic nutritional advice will be tailored to support medically diagnosed conditions and/or health concerns agreed and identified by the two parties.
- Naturopathic nutritional practitioners are not permitted to diagnose or claim to treat medical conditions.
- Naturopathic nutritional therapy is not a substitute for professional medical advice and treatment.

The Client

- You are responsible for contacting your GP or specialist about any health concerns you may have.
- Please advise your GP of the naturopathic nutrition protocol you will be following.
- Please also advise any complementary medicine practitioners you are consulting.
- It is important that you tell me about any medical diagnosis you have received, any prescription medication, herbal medicine or food supplements or over the counter medication you are taking as it may affect the naturopathic nutritional programme.
- If you are unclear about any part of your treatment plan then you should contact me immediately for clarification.
- Your naturopathic nutritional programme and supplement plan will have a time frame and you should not continue with recommendations outside of this unless agreed by me. This is to avoid any adverse reactions.
- Please report any concerns about your programme and naturopathic nutritional therapy to me for discussion at your next consultation.

Nutritional Therapy Council Code of ethics and practice offer standards of professional practice in nutritional therapy.

We/I understand the above and agree that our professional relationship will be based on the above content of this document.

Signed Agreement Date:

Name of client:

Signature:

Name of practitioner: Sheila Deas

Signature: